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| **LAUDATO SI ACTION PLATFORM**  **LINDA MORRIS**  **ANNUAL REFLECTION**  **THIRD YEAR: 1st February 2024 to 31st January 2025**  **Introduction**  Actions, which I carried out between 1st February 2024 to 31st January 2025, were directed to the Laudato Si goals:   * Respond to the Cry of the Earth * Respond to the Cry of the Poor * Ecological Economics * Adoption of Sustainable Lifestyles * Ecological Education * Ecological Spirituality * Community Resilience and Empowerment   and the Catholic Social Teaching Values (CSTVs) of dignity, solidarity, the common good, the option for the poor, peace, care for Creation and the dignity of work and participation.  My actions were directed to the following:   * Educating people about the socio-ecological crisis. * Providing opportunities for people to pray, share, talk and work together whilst addressing the Laudato Si Goals and CSTVs.   Details of these proposed actions were given in my third Action Plan for 1st February 2024 to 31st January 2025.  I have tried, throughout the year, to progress my eco-conversion in each LS Goal, through these proposed actions and through additional actions which arose from opportunities. Details and an evaluation of these actions are given in my Annual Self-Assessment 1st February 2024 to 31st January 2025 as a separate document.  In addition to my continued involvement with existing groups e.g. my own parish, local Catholic and Non-Catholic Churches, schools, Secular Franciscans, fellow allotmenteers etc., I have had the privilege to meet and work with other local community groups who have the same socio-ecological concerns and hence are working with similar aims. Discussing and working with these groups has enabled ‘spreading of the word’ and support for each other in our concerns and actions. My proposed fourth year actions, 1st February 2025 to 31st January 2026, and beyond, include involvement with these groups.  A reflection on the impact of my actions and decisions, associated with each Laudato Si goals follows.  **Page 1 of 10** | | | |
|  | **Current Actions** | **What’s Working Well** | **Areas for Improvement** |
| **Response to the Cry of the Earth**  **C of E cont.….** | -Reducing energy use.  -Planting bulbs etc. in local public open space with school children, local Council and Wildlife Trust.  -Construction of parish wildlife friendly garden.  -Use of non-chemical based insecticides, pesticides; use of mulch.  -Composting at home, at church, at allotment.  -Recycling – pots, paper, glass, metal etc.  -Phenologist for The Woodland Trust.  -Petitions, letters to MP in support of or against environmental matters etc.  -We grow own flowers for church arrangements so as not to incur high carbon footprint associated with imported flowers.  -Use environmentally friendly products.  - Leader of parish Laudato Si Circle / Care for Creation (C4C) Group and associated activities (information, recycling, planting, monitoring etc).  -Personal Training & information gathering.  -Signing pledges against the use of non-ecofriendly products.  -Membership of Wildlife Trust etc. | -Composting and Recycling at home is successful as is recycling by the parish office - paper, pots etc.  -Recording for The Woodland Trust.  - Laudato Si Circle / Care for Creation (C4C) Group continues to expand and is active. | -Continue to reduce energy use and reduce family carbon footprint (currently at 9.1tonnes CO2equiv.) particularly that associated with food and ‘stuff’.  - Plant more bee and butterfly friendly flowers in parish beds to improve biodiversity and provide more flowers and foliage for use in church arrangements.  -Terracycle recycling pilot scheme failed, therefore I need to find other recycling schemes.  **Page 2 of 10** |
| **Response to the Cry of the Poor** | -With the parish community and C4C group, growing vegetables for the parish foodbank.  -Volunteering in parish foodbank.  -Collecting fruit and vegetable donations, from the local allotment, for the parish foodbank.  -Prayer.  -With, Secular Franciscans, regularly donating to support of charity, Epiphany Trust.  -Sewing up blankets for asylum seekers.  -Signing petitions to support humanitarian and wildlife charities / action groups.  -I designed the Easter church flower arrangements to depict the effects of natural disasters and climate crisis on vulnerable peoples.  -Personal training.  -Raising money for parish foodbank by making crafts for sale at Christmas market.  -Buying Fairtrade products when possible. | -For the parish foodbank, we have grown and harvested onions, garlic, broccoli, beetroot, potatoes, tomatoes, kale, courgette, rocket and radish.  -the foodbank continues to serve those on low income, with poor health and asylum seekers etc.  - the use of church floral arrangements to depict climate and social crises has enabled the raising of parishioner awareness. | -expand the range and quantity of fruit and vegetables grown.  -promoting the use of more Fairtrade products at home and in the parish community.  -Although the parish has continued with actions acceptable by CAFOD for the ‘Live Simply Award’, I have not progressed the application – this I need to do.      **Page 3 of 10** |
| **Ecological Economics** | -Consideration of what I need to buy v what I want to buy.  -Turning off lights, water.  -Shopping at local farm shop.  -Repairing clothes.  -Growing own fruit and vegetables.  -Composting.  -Buying Fairtrade products when possible.  -Buying refillable products.  -Volunteering at parish foodbank which helps local people struggling with finances.  -Collecting and recycling pots and materials to make grave pots for selling at parish Christmas fayre and raising money for charity.  -Use of home and parish grown flowers in church flower arrangements. | - My volunteer work with the parish foodbank is working well (see above).  - Recycling of pots and pinecones for making grave pots was very successful, raising £100s for charity. | -I need to be more aware of the sustainability of products that I buy.  -I need to continue with more repair and mending.  -We need to grow more flowers and foliage for use in the church flower arrangements.  - |
| **Adoption of Sustainable Lifestyles**  **Sust Lifestyle cont.….** | -Use of home and parish grown flowers in church flower arrangements.  -I organised for local schools and church youth groups to decorate church windows at Easter.  -Shopping sustainably (checking source/origin of product) and buying local produce when possible.  -I grow my own fruit and vegetables.  -Husband and I eat at least 3 vegetarian meals per week.  -I do not eat red meat.  -As Associate Member (former Governor) of local primary school, I am responsible for Greener Governance and ensuring the school achieves its legal sustainability targets.  -I continue to recycle, reuse, repair; turn off lights etc.  -I record and monitor food use-by dates to cut down on food wastage.  -I have donated clothes, books etc to local charities.  -Reduction of carbon footprint. | -As local schools and church youth groups decorated our 15 church windows, we did not incur any parish costs associated with decorating them, local communities were involved, and children were able to display their work. | -eat more plant-based meals.  -I need to continue with more repair and mending.  - Although the parish has continued with actions acceptable by CAFOD for the  **Page 4 of 10**  ‘Live Simply Award’, I have not progressed the application – this I need to do.  -I need to clear out my wardrobe etc more often.  -I need to ensure that the local primary school achieves it’s legal requirements by the set deadline.  -As detailed above, I need to reduce my carbon footprint.  -When we have a shortage of ‘home grown’ flowers, use artificial flowers in church flowerarrangements. |
| **Ecological Education**  **Ecol. Ed cont.…..**  **Ecol. Ed cont.…….** | -Discussion / advice to primary school Sustainability Lead re legal requirements.  - In role of Secular Franciscan Justice, Peace and Integrity of Creation Minister, I disseminate information to the members.  -I am able to teach and advise parishioners and C4C members about socio-ecological, environmental, gardening etc. matters.  -I prepared the Ecumenical Prayer Service for the Season of Creation along with the Reflection on the Fossil Fuels Non-Proliferation Treaty; a petition for this was signed by those attending the Service.  -I have led workshops for the establishment of C4C Groups in 5 local churches, these were also attended by the Environmental Lead for the local Council and parishioners from other churches.  -I issue minutes of our LS Circle/C4C meetings to local churches and community groups.  -I completed an on-line Joint Diploma in Integral Ecology course and, in July, was awarded my Certificate of Attendance by the Pontifical Gregorian University in Rome.  -Personal training via webinars etc. by LSAP, LSM, SVP, CAFOD, Liverpool Archdiocese etc.  -I led a C4C Workshop for the West Lancashire Deanery.  -I spoke at a C4C Conference in Liverpool Cathedral.  - Watching ‘The Letter’.  -I designed and helped make Easter church flower arrangements which depicted sustainability and climate disasters. I prepared an explanation of the arrangements in the parish newsletter.  -I met with other LS Animators from across the UK at the Laudato Si Centre in Salford where we learnt about the work of the centre.  -I prepared a leaflet for the parishioners giving ideas for a sustainable Christmas. | -Through the Laudato Si Circle / C4C Group, I am able to disseminate information about current events, petitions etc. with the resultant member involvement.  -Parishioners and other local communities see our actions – hence we are spreading the word.  -the Ecumenical Prayer Service is particularly successful with attendees expressing their concerns, delights and support. They look forward to this annual event.  -It has been very encouraging and a privilege to help lead workshops and help set up more C4C Groups across the diocese.  -I thoroughly enjoyed and found the JDIE course to be inspiring. | -I need to invite the wider community to our annual Ecumenical Prayer Service for the Season of Creation.  -I need to include more socio-ecological matters into our Franciscan fraternity meetings.      **Page 5 of 10**  -I hope to continue with the C4C workshops and setting up of more C4C Groups.  -I shall promote the JDIE course.    **Page 6 of 10** |
| **Ecological Spirituality** | -Personal training in Spirituality from Liverpool Archdiocese, the Joint Diploma in Integral Ecology, LSAP, CAFOD etc.  -Printing of the Season of Creation Prayer on the front of the parish newsletter.  -I met with other LS Animators from across the UK at the Laudato Si Centre in Salford for a day of prayer and reflection.  -Following registration of our C4C Group as a LS Circle, our meetings follow the format given in the LSM Monthly Prayer Guides.  -I read the Introductory Prayer for the Adoremus C4C Conference in Liverpool Cathedral. | -Meeting with other LS Animators from across the UK was particularly rewarding and up-lifting. | -I need to improve my own spirituality, particularly ‘contemplation’ skills – but first I need to organise my time so as to have this opportunity.  **Page 7 of 10** |

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| **Community Resilience and Empowerment**  **Community cont.…..**  **Community Cont.….** | -The C4C Group comprising approx. members, has constructed a total of 7 raised beds for growing vegetables for the parish foodbank, flowers for the church flower arrangements and wildflowers to improve biodiversity.  -support and involvement from parishioners for the above by monetary and other donations e.g. seeds, topsoil, boards etc.  - As a member of the parish flower team, I have designed and helped the team make flower arrangements, grave pots etc.  -As a team member, I continue to sew blankets for asylum seekers.  -I organised for local schools and church youth groups to be involved in decorating the church windows at Easter.  -With C4C members, I have worked with staff and pupils from a local school, the local Council to plant bulbs in a local area of public open space.  -I have facilitated the establishment of C4C Groups in 5 additional local churches.  -I have led training workshops for other Deaneries.  -The C4C Group members have assisted other local community groups in litter-picking, signing petitions etc.  -I prepared a quote for the Greenpeace Press Release about the C4C group involvement in the Big Plastic Count.  - I helped to prepare a leaflet ‘There’s No Planet B’ for parishioners explaining ‘Laudato Si’ and ‘Laudate Deum’ and giving examples of actions they may wish to take to help mitigate against the crises.  - I organised a clean up of the church cemetery by parishioners from ours and another parish.  -Our Ecumenical Prayer Service for the Season of Creation was attended by 30 parishioners and members from 2 Catholic and 5 Non-Catholic churches; members of the Liverpool Archdiocese’ Catholic Social Action Department and the Justice and Peace Commission also attended. Readers were from the various churches; attendees signed the FFNPT petition on leaving the Service.  -My husband and I took part in the RSPB annual bird count.  -I invited members from my local doctor’s Surgery to take part in the Everyday Plastic Big Plastic Count.  -As a member of the GPs Patient Participation Group, I have been able to include sustainability on the meeting agenda.  - I assisted the Catholic Social Action Department set up a trial audit scheme to establish the carbon footprint of parishes.  -As a member of the local allotment group, I have been able to facilitate their donations of fruit and vegetables to the parish foodbank.  -I am a member of the LS Animator’s WhatsApp Group to keep in touch with current activities, petitions, information etc.  -A teenage member of my family has started to help out at the parish foodbank. | -In all aspects, I think the building of the parish raised beds, the growing and harvesting of home-grown flowers for the church and vegetables for the parish foodbank – and the improvement in biodiversity has been my greatest success. In addition, there has been active involvement from C4C members and parishioners and support from parishioners who are unable to do the physical work. Members of Liverpool Archdiocese have visited the project and have advertised it in the diocese’ magazine. As the beds are located adjacent to the church cemetery, members of the visiting community see what we are doing and speak with us about it.  -Making grave pots to raise money for charity continues to be successful – parishioners and non-parishioners placing orders beforehand.  -knowing that other C4C Groups are thriving is very rewarding.  -I shall continue organising the Ecumenical Services and promoting current socio-ecological concerns. | -we need to be more involved with other communities in joint activities e.g. litter picking, bulb planting etc.  -I need to find ways of involving the more elderly and housebound parishioners who want to be involved e.g. updating and issuing information.  \_I need to find ways of involving the youth and young people.  **Page 8 of 10**  **Page 9 of10** |

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| **Action Plan**  Based on this Reflection, I have identified what is working well and what I need to improve or develop during the period 1st February 2025 to 31st January 2026. My Action Plan for 2025 – 2026 (and beyond) is submitted as a separate document.  **Linda M Morris 23rd August 2025 Page 10 of 10** |