

Reflecting on the Laudato Si' Goals

We invite you to create a brief document or video reflection explaining how your unique values and identity are connected to the Laudato Si' Goals and upload it to the Laudato Si' Action Platform.

You can use this template to create your reflection, or you can use your own format to carry out your reflection in the way that is most meaningful to you.

Please feel free to answer these questions to help you develop your reflection.

- *Review the Laudato Si' Goals [here](#). Which of these goals speaks to you the most, and how have they inspired changes for you or your community?*
- *Enrich your understanding of how “[everything is connected](#).” How has the socio-ecological crisis affected your community?*

The area that I live in is subject to tidal & stormwater flooding. Despite several efforts to reduce flooding, it remains a persistent problem.

- *What is your mission and/or your values?*

The goal is to: have a plastic free and single-use-free lifestyle, travel by individual

car trips rarely or never, and grow our own food when possible.

- *How do your unique mission and/or values and identity connect with the Laudato Si' Goals?*

Catholic teaching often stresses that the planet is a gift to us and that humans must be careful stewards of its resources. ““Laudato si” stresses that climate change is a global problem with grave environmental, social, economic and political implications, and everything in creation is interconnected and humans must be stewards of it. Likewise, in “Fratelli tutti,” [Pope Francis] speaks on how everyone is connected and must assist each other.”

- *Why do you feel called to join the Laudato Si' Action Platform in your journey to integral ecology?*

I was directed to participate in the Platform after admiring Pope Francis' 2020 letter, “Fratelli Tutti”

- *Whether you have already been taking action on Laudato Si' for some time or are just beginning your journey, what are your existing initiatives or the efforts you have already started? Use any online calculators that are helpful to you, or use the table below.*

	Current Actions	What's working well	Areas for Improvement
--	-----------------	---------------------	-----------------------

<p>Response to the Cry of the Earth</p>	<ul style="list-style-type: none"> • Volunteer on waterway & waterfront clean up and restoration days six (6) times with [name] [body of water] Foundation, Keep [city] Beautiful, etc • Participate in trail clean up days with local gardening group • Live in shared housing space to reduce energy use 	<p>I have lived in earth friendlier housing arrangements for several years now</p>	<p>The trail clean up and waterway efforts are new to me. I need to purchase some supplies</p>
---	---	--	--

<p>Response to the Cry of the Poor</p>	<p>Assist with laundering of blankets for the homeless</p> <ul style="list-style-type: none"> • Volunteering in Catholic ministry: Haiti • Volunteering with Salvation Army & SEVA Foodbank • Participate in Talitha Kum (anti trafficking initiative) • Knit blankets for homeless & infants 	<p>This year, it has become easier to participate in volunteering and ministry than during previous years</p>	<p>Overlapping opportunities create schedule conflicts</p>
--	---	---	--

<p>Ecological Economics</p>	<p>De-growth: Advocate for policies: universal healthcare, electric vehicles, etc</p> <ul style="list-style-type: none"> • Support local: Continuing shift to ethical textiles including <u>local</u> and organic • Mindful Resource Use: Participate in Library of Things over new purchase 	<p>After a lot of work, I was able to identify local, ethical textiles. I respond to advocacy opportunities when they arise</p>	<p>Locally produced items can be expensive. I am learning to sew</p>
	<ul style="list-style-type: none"> • Consume fewer warm foods (continued from 2025) • Sew re-usable paper towels, handkerchiefs, etc 		

Adoption of Sustainable
Lifestyles

- Compost at home
(*began 3/2026*)
- Avoid dining out
where single use
items are offered
- Increase
purchase food
from local
producers via
following local
farms on social
media and
attending their U-
pick events
- Contribute to
digital
sustainability
(reduce use of
storage online)
- Reduce car trips:
 - Increase the
use of public
transport
 - Walk to
destination
3x per week

Composting and virtual
appointments have been easy
to adapt

Reducing car trips is difficult
due to infrequent bus
schedules and getting lost. U-
pick events can be remote.

	<ul style="list-style-type: none"> • Continue transition to virtual appointments (2025) 		
Ecological Education	<ul style="list-style-type: none"> • Ask family to consider attending, supporting and participating in Earth Day 2026 • Read: <i>Toxic Charity, Thea Bowman: Faithful & Free, & Creation's Call</i> • Evangelize relevant gospel verses to christian schools via social media • Familiarize self with local environmental 	<p>This year bloomed some excellent education resources in the form of bible studies and social ministry</p>	<p>Legislative concerns identified locally are complex. I am unfamiliar with the Paris Agreement</p>

	<p>concerns</p> <ul style="list-style-type: none">• Offer ideas for parish education series on Care for the Creation• Familiarize self with Paris Climate Agreement & Green Climate Fund as referenced in Laudato Si		
	<ul style="list-style-type: none">• Attend bible study on <i>Creation's Call</i> (book) with the United Methodist Conference• Reflect on relevant scripture (Genesis 1, Matthew 4:1, etc)• Promote composting in the		

<p>Ecological Spirituality</p>	<p>local community via distribution of postcards</p> <ul style="list-style-type: none"> • Light shabbat candles & observe spark free time as a meditation on reduced energy use • Observe Sukkot (Feast of Booths) as meditation on energy use • Observe Earth Day, International Water Day & other environmental awareness days (birdbath?, grow your own herbs) publicly 	<p>Am learning scripture verses that are relevant to ecological stewardship.</p>	<p>Shabbat and Sukkot are activities that I do not always remember to participate in! I do not reside in a space that allows for a great deal of grow your own food</p>
	<ul style="list-style-type: none"> • Encouraging a sense of 		

Community Resilience and Empowerment

- belonging in my shared house
- Attend public citizen meetings regarding stormwater management and local environmental concerns
- Sign at least one (1) petition on environmental issue (*completed 3/2026*)
- Attend bimonthly Care of the Creation meetings at Parish
- Continue to advocate for Earth on social media

These are activities that I have been able to accomplish

It is difficult to gauge how much advocacy to engage in

